

# 3 Rules

Count: 64 Wall: 2 Level: Upper Intermediate

Choreographer: Paul Snooke (AUS) & Guillaume Richard (FRA) October 2017

Music: New Rules by Dua Lipa on her self titled album (2017) 3:29 mins, 116 bpm



**Notes: The dance will start 16 counts into the music on the first set of lyrics**

## [1-8] WALK – MAMBO – SWEEP – BEHIND – SIDE – CROSS – RECOVER - WEAVE

- 1-2&3 Step RF fwd - Step LF fwd - Recover weight to RF - Step LF back as you sweep the RF around to the back
- 4&5 Cross RF behind LF - Step LF to L side - Cross RF over LF
- 6& Recover weight to LF - Step RF to R side
- 7&8& Cross LF over RF - Step RF to R side - Cross LF behind RF - Step RF to R side,

## [9-16] POINT – DRAG – TOGETHER – POINT – CROSS – SIDE – ROCK STEP x2 (BATUCADA)

- 1-2&3 Point L toe to L side and start to drag it towards the RF - Continue to drag together for count 2 - Step LF together (&) - Point R toe to R side
- 4&5 Cross RF over LF - Step LF to L side - Make 1/8 turn to R step RF back [facing 1:30]
- &6 Rock fwd onto L toe - Recover weight on RF
- 7&8 Step LF back - Rock fwd onto R toe - Recover weight on LF

## [17-24] BACK – HOLD – BALL STEP – WALK – CROSS SAMBA X2

- 1-2&3-4 Step RF back - Hold for 1 count - Step LF together - Step RF fwd - Step LF fwd
- 5&6 Cross RF over LF - Make 1/8 turn R stepping LF to L side - Step RF to R side [facing 3:00]
- 7&8 Cross LF over RF - Step RF to R side - Step LF to L side

## [25-32] CROSS - HOLD - MAMBO CROSS - 1/4 TURN STEP - 1/2 TURN STEP - MAMBO - HITCH

- 1-2 Cross RF over LF - Hold
- &3-4 Step LF to L side - Recover on RF - Cross LF behind RF
- 5-6 Make 1/4 turn R stepping RF forward [facing 6.00] - Make 1/2 turn R stepping LF backward and sweep with RF from front to back [facing 12.00]
- 7&8 Step RF backward - Recover on LF - Hitch R knee\*

## [33-40] SIDE – ½ SWEEP – CROSS – BACK – TOGETHER – CROSS – BACK – ¼ TOGETHER

- &1-2-3-4 Step RF to R side – As you step LF to L side pencil ½ turn to L sweeping RF right around in front of LF for the 4 counts [facing 6:00]
- 5&6 Cross RF over LF - Step LF back - Step RF together
- 7&8 Cross LF over RF - Step RF back - Make ¼ turn to L step L together [facing 3:00]

## [41-48] WALK X2 - JUMP X2 - STEP - 1/4 TURN - RECOVER - CROSS MAMBO

- 1-2 Step RF forward - Step LF forward
- &3&4 Step RF forward - Step LF next to RF - Step RF backward - Step LF next to RF
- 5-6 Step RF forward - Make 1/4 turn L stepping on LF [facing 12.00]
- 7-8& Recover on RF\* - Cross LF over RF - Recover on RF

## [49-56] ROLLING VINE - HOLD - CROSS - SIDE - SAILOR STEP

- 1-2 Make 1/4 turn L stepping LF forward [facing 9.00] - Make 1/2 turn L stepping RF backward [facing 3.00]
- 3-4 Make 1/4 turn L stepping LF to L side [facing 12.00] - Hold

5-6 Cross RF over LF - Step LF to L side  
7&8 Cross RF behind LF - Step LF to L side - Step RF to R side

**[57-64] CROSS - SIDE - SAILOR STEP WITH 1/2 TURN - OUT OUT - STEP & DRAG - BALL (STEP TO RESTART THE DANCE)**

1-2 Cross LF over RF - Step RF to R side  
3&4 Cross LF behind RF - Make 1/2 turn L stepping RF to R side [facing 6.00] - Step LF forward  
5-6 Step Out RF forward - Step Out LF forward  
7-8& Step RF backward - Drag LF next to RF - Step LF next to RF

**RESTARTS:**

\* At wall 3 : Do the first 47 counts, and on count 48 : Step L next to R, and Restart the dance facing 12:00

\* At wall 5 : Do the first 32 counts, and Restart the dance facing 6:00

**TAGS:** At walls 2, 4 and 6, a tag happens in the middle of the dance

Do the first 32 counts, and do this 4 counts: Sway to the R (1), Sway to the L (2), Sway to the R (3), Sway to the L (4)

And continue the dance, from count 33.

**ENDING:** To finish the dance after count 32, Step R to R and strike a pose

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