

Lonesome Swing

Choreographed by Dave & Lesley Mather (See silverwingswdc.co.uk) (Contact davemather@excite.com)
Description Partner Dance, 64 count. Starting Man on inside, both facing LOD, holding inside hands. Opposite footwork throughout.
Music A Real Good Way To Wind Up Lonesome by James House, CD 'Days Gone By'
Teaching Track: Take Me Away by James House, CD 'Days Gone By'

- 1 - 8 Rt Kick ball-change x2, walk, walk, shuffle.**
1&2, 3&4 Rt kick ball-change twice. (*Lady kicks on Lt.*)
5,6, 7&8 Walk fwd Rt, Walk fwd Lt, Rt shuffle fwd.
- 9 - 16 Lt Kick ball-change x2, walk, walk, shuffle.**
1&2, 3&4 Lt kick ball-change twice. (*Lady kicks on Rt.*)
5,6, 7&8 Walk fwd Lt, Walk fwd Rt, Lt shuffle fwd.
- 17 - 24 Step turn ½ Lt, Step turn ¼ Lt, Weave, point Lt.**
1 - 4 Step fwd Rt, ½ turn Lt, Step fwd Rt ¼ turn Lt.
5 - 8 Cross Rt over Lt, step Lt to Lt, cross Rt behind Lt, point Lt to Lt side. (*Lady: cross Lt over Rt.*)
(*Note: Count 18 Lady turns Rt.*)
Hands: Release hands on count 17. Pick up double hand hold on count 21
- 25 - 32 Step Lt, point Rt, Step Rt, touch Lt, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt.**
1 - 4 Step Lt in place, point Rt to Rt, Step Rt in place, touch Lt in place.
5&6, 7&8 Turning clockwise, shuffle ¼ turn LRL and ¼ turn RLR.
Hands: Count 29 change to swing hold.
Note: Counts 29 – 40 danced as East Coast Swing
- 33 - 40 Rock, Step, Lt Shuffle ¼ Rt, Rt shuffle ¼ Rt, Rock, Step**
1-2, 3&4 Rock Lt behind Rt, Recover on Rt, Turning clockwise, shuffle ¼ turn LRL.
5&6, 7-8 Turning clockwise, shuffle ¼ turn RLR, Rock Lt behind Rt, Recover on Rt.
- 41 – 46 Lt Shuffle Fwd, Turn ½ Lt & Rt shuffle Bwd, walk back Lt Rt**
1&2, 3&4 ¼ turn Lt & Lt shuffle down LOD, Turn ½ Lt and Rt shuffle back.
5-6, Step back Lt, Rt.
Hands: Count 41 hold inside hands. Count 43 release hands to turn and pick up inside hands.
- 47 - 52 ½ Lt & Lt shuffle Fwd, changing sides. Rt shuffle Fwd, walk fwd Lt, Rt**
1&2, 3&4 Turn ½ Lt and Lt shuffle diagonally fwd,(**Changing sides**), Rt shuffle fwd
5 - 6 Step fwd Lt & Rt
Hands: Counts 47 & 48, Lady turns & changes sides under gent's Left hand
- 53 – 56 Step turn ½ Rt, Step turn ¼ Rt**
1 - 2 Step fwd Lt, ½ turn Rt,
3 - 4 Step fwd Lt ¼ turn Rt.
Hands: Release hands on count 53, rejoin in double hand hold on count 56.
- 57 – 64 Weave, point Rt, ¼ Rt shuffle to Rt, Lt shuffle fwd.**
1-4 Cross Lt over Rt, step Rt to Rt, cross Lt behind Rt, point Rt to Rt side. (*Lady: cross Rt over Lt.*)
5&6 ¼ turn Rt on Rt shuffle crossing behind lady. (*Lady shuffles to outside LOD*)
7&8 Lt shuffle fwd.
Hands: Count 60 release gents Lt hand. Count 61&62 lady changes side under gent's right hand.