

# Slow Hands

**Count:** 32    **Wall:** 4    **Level:** Novice - smooth

**Choreographer:** Jose Miguel Belloque Vane, (NL). May 2017

**Music:** Niall Horan - Slow Hands (New Single 2017) (iTunes & other mp3 sites) (approx. 3 mins)



**Introduction: 16 counts, start approx 14 sec.**

**Sequences: 32, 16, Restart, 32, 16, Restart, 24, Restart, 32, 24, Restart, 32, 32, ending.**

**Part I. [1-8] Walks Fwd R, L, ½ Pivot Turn L, Continue a ½ Turn L, Sweep L, Weave R, Side Rock, Recover & Cross.**

- 1-2                    Walk R forward, Walk L forward.
- 3&4                    Step R forward, Pivot ½ turn L (6) over L, Continue a ½ turn L (12) step R slightly back and sweep L from front to back.
- 5&6                    Step L behind R, Step R to R, Step L across R.
- 7&8                    Step R to R, Recover back onto L, Step R across L.

**PART II. [9-16] Small Step Back, Sweep R, Behind, Side, ½ Pivot Turn L, ¼ Paddel Turn L, ½ Paddel Turn L, ½ Sailor Turn R.**

- 1,2&                    Step L slightly back and sweep R from front to back, Step R behind L, Making ¼ turn L (9) step L to L.
- 3-4                    Step R forward, Pivot ½ turn L (9) over L taking weight onto L.
- 5-6                    Making ¼ turn L (12) over L and point R out to R, Making ½ turn (6) L over L and point R out to R.
- 7&8                    Step R behind L, Making ½ turn R (12) step L to L, Step R forward.

**(NB: Restart here in WALL 2 / 4 after 16& counts, after start again).**

**PART III. [17-24] Ball Step, Walk L, R Anchor Step, Sweeps Back & Replace L, R, L, Sailor Turn L.**

- &1-2                    Step L behind R on ball, Step R forward, Walk L forward.
- 3&4                    Locked R behind L take weight onto R, Recover back onto L, Recover back onto R and sweep L from front to back.
- 5-6                    Step L back in place slightly back and sweep R from front to back, Step R back in place and sweep L from front to back.
- 7&8                    Step L behind R, Making ½ turn L (6) step R to R, Step L forward.

**(NB: Restart here in WALL 5 / 7 after 24 counts, after start again).**

**PART IV. [25-32] 2x Cross Heel Jacks R, L (travelling fwd), Walk R with ¼ Turn L, Walk L, ½ Pivot Turn L, Together (weight change).**

- 1&2&                    Step R across L, Step L to L slightly forward, Touch R heel diagonal forward, Step R back in place.
- 3&4&                    Step L across R, Step R to R slightly forward, Touch L heel diagonal forward, Step L back in place.
- 5-6                    Making ¼ turn L (3) walk R forward, Walk L forward.
- 7-8                    Step R forward, Pivot ½ turn L (9) over R and step L beside R taking weight onto L.

**REPEAT DANCE AND HAVE FUN!!**

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